



## Conversation Qs for CHWs around STI's and Sexual Health

At the end of the webinar: “Healthy Moms & Healthy Babies: An update on Sexually Transmitted Infections in Pregnancy”, there was a discussion about initiating the conversation with the program participants on sexual health. Dr. Amy Harrington and the MIH COE has created this list of conversation starters. One approach to asking sexual health questions could be as part of the conversation around other social things.

It is recommended you practice asking these questions with colleagues at your program. Plan role-play practice time with a colleague to increase your comfort level in asking these sensitive questions.

<b>Assess with whom they live with and current relationship status:</b>
<p>If says boyfriend, father of the baby, husband:</p> <ul style="list-style-type: none"> <li>➤ How long have you been together?</li> <li>➤ Do you see other people or is it an exclusive relationship?</li> </ul>
<p>If BF/FOB/husband/partner not mentioned:</p> <ul style="list-style-type: none"> <li>➤ Are you seeing anyone or are you in a relationship with anyone?</li> <li>➤ How long have you been together?</li> <li>➤ Do you see other people or is it an exclusive relationship?</li> </ul>
<p>If no current partner:</p> <ul style="list-style-type: none"> <li>➤ When were you last in a relationship?</li> <li>➤ How did it end?</li> </ul>
<b>Assess whether sexually active:</b>
<ul style="list-style-type: none"> <li>➤ Are you and your partner having sex?</li> </ul>
<b>Assess pregnancy intention:</b>
<ul style="list-style-type: none"> <li>➤ Are you trying to get pregnant? If yes – are you on a prenatal vitamin?</li> <li>➤ How would you feel if you two did get pregnant?</li> <li>➤ What are you using to prevent getting pregnant?</li> </ul>
<b>Assess history of condom use:</b>
<ul style="list-style-type: none"> <li>➤ What is your current condom use? (all the time, sometimes, or none at all)</li> <li>➤ How comfortable are you in asking your partner to use a condom?</li> <li>➤ Do you carry condoms with you?</li> <li>➤ Where do you get your condoms from?</li> </ul>
<b>Assess knowledge and history of testing for STI/HIV:</b>
<ul style="list-style-type: none"> <li>➤ Do you know how to avoid getting STDs?</li> <li>➤ Have you and your partner talked about STDs?</li> <li>➤ When was the last time you and partner were tested for STI/HIV?</li> <li>➤ How often do you and your partner test?</li> <li>➤ Have they shared their results with the partner?</li> <li>➤ Have you ever had an STI?</li> <li>➤ Where do you usually go for testing?</li> </ul>

Resource: [www.arhp.org](http://www.arhp.org)